

KIDS MENU FOR LITTLE TUMMIES

Look out for the Thumbs Up 👍 – this means that our nutrition team has made sure that the preparation methods and ingredients are especially good for growing kids, like you.

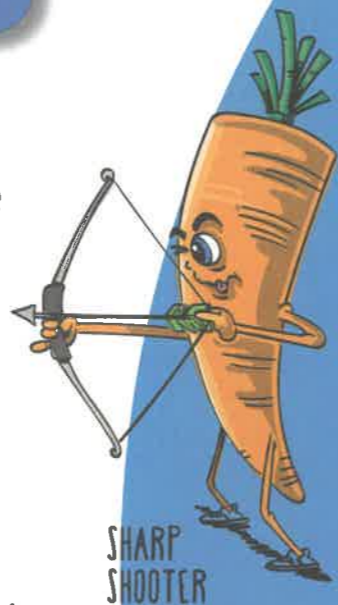
"Hey kids,

Staying at the Novotel is the best! Look at all these delicious meals we have created just for you! I'm a pro surfer and lover of all sports, so I know that choosing a 'Thumbs Up' option from the menu will give me all the energy I need to keep surfing the waves. I can't wait to see what you choose."

**Live your passion,
Love Sally**



**IN BALANCE
KIDS**
BY NOVOTEL WITH
Sally Fitzgibbons



CHOOSE YOUR MAIN

Spaghetti Bolognese – 9.5

(We've carefully hidden grated carrot, zucchini and finely diced mushrooms to our meat sauce!) 🍷

Novotel Hamburger & salad or vegetables – 9.5

(You can add french fries, we'll just need to remove the "Thumbs Up") 🍷

Crumbed Fish & Chips with salad or vegetables – 9.5

Grilled Fish with salad & vegetables – 9.5

Grilled Chicken Tenderloins & mash potatoes with salad or vegetables – 9.5

6" Ham & Pineapple Pizza – 9.5

Add mushrooms, capsicum, zucchini, spinach and we'll add the 🍷 (50 cents per additional item)

Ham & Cheese Toasted Sandwich – 6

Add spinach, avocado and mushrooms and serve with a side salad and we'll add the 🍷 (50 cents per additional item)

Kids Mezze Plate – 10

Falafel with hummus, tzatziki, carrot, cucumber, capsicum sticks, pita bread 🍷

SOMETHING ON THE SIDE

Corn on the cob – 2.5

Mixed Vegetables; carrots, broccoli & peas – 3.5

Mixed Salad; lettuce, cherry tomatoes, cucumber, carrots & capsicum – 3.5

Steamed Rice – 2

French Fries – 4.5

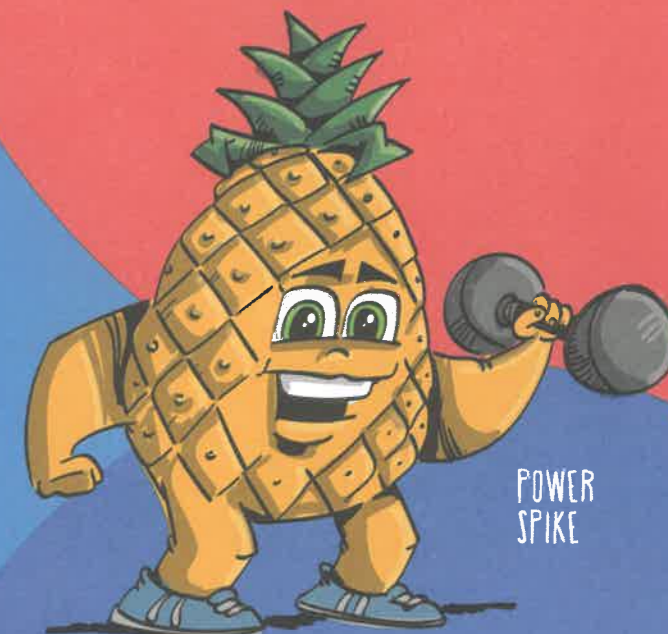
ROOM FOR DESSERT?

Berries and Yoghurt – 4.5

Grilled Banana with toasted coconut and chocolate drizzle – 4.5

Fruit Salad Skewers – 4.5

Ice Cream – 4.5



SOMETHING TO DRINK

Fruit Juice – 4.5

Milkshakes – 4.5 (vanilla, strawberry, chocolate & caramel)

Smoothie – 6 (berries, banana with yoghurt and milk)



Dishes may include traces of nuts. Please advise staff of any allergies. Menu for children 12 years of age and under.

Novotel – Healthier options for your little ones
We know how important it is for your kids to enjoy a balanced diet. This is why we have included healthier choices on our menu for your peace of mind. Menu items reviewed by Sally Fitzgibbons and her nutritionist Steph Wearne.